



THE UMBRELLA PROJECT

## Parent Night with Dr. Jen Forristal

### Umbrella Parenting:

Empower your child to take on life and develop the positive coping skills they will need for health, happiness and future success.

Tuesday, January 15, 2019

6:00 - 7:00 p.m.

St. Luke Catholic Elementary School

Parents of St. Luke and Sir Edgar Bauer  
Catholic School Communities Welcome!

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Please RSVP by emailing [Nancy.Lishman@wcdsb.ca](mailto:Nancy.Lishman@wcdsb.ca)  
and indicating the number of adults that will be  
attending.